

The Parish Of St Bridget and St Cwyfan Dyserth

Information for people who are in need of help or are in crisis

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A short Prayer

We bring to God all those who suffer in body, mind, spirit or with grief.

We ask that in God's great loving kindness they might know God's sustaining presence amidst their pain.

We pray for those who are stretched beyond their own capacity to cope and remain hopeful – that in the roar of these waterfalls, God would bring a sense of coherence, comfort and strength.



North Wales Local Councils

Denbighshire County Council

For help with Benefits, Cost of Living Support, Housing, Health and Social Care, Community and Living

Website - www.denbighshire.gov.uk

Phone - 01824 706000 (Monday to Friday 08:30am to 5:00pm)

Flintshire County Council

For help with Benefits, Cost of Living Support, Housing, Health and Social Care, Community and Living

Website - www.flintshire.gov.uk

Phone - 01352 752121 [Click Here for online Telephone Directory](#)

Conwy County Borough Council

For help with Benefits, Cost of Living Support, Housing, Health and Social Care, Community and Living

Website - www.conwy.gov.uk

Phone - 01492 574000

Food Banks

Vale of Clwyd Foodbank (covers Denbighshire)

We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK

Website - <https://valeofclwyd.foodbank.org.uk>

Email - info@valeofclwyd.foodbank.org.uk

Phone - 0808 208 2138

Sanctuary Trust - Conwy Foodbank

Conwy Food Bank is a non-funded project under our umbrella which endeavours to feed people living in the County of Conwy who are in crisis and unable to afford food

Website - <https://sanctuarytrust.org.uk/projects/conwy-food-bank>

Phone - 01706 526 722

Flintshire Foodbank

We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK

Website - <https://flintshire.foodbank.org.uk>

Phone - 01352 757 235

For people who are in crisis

The Samaritans

Whatever you are going through, a Samaritan will face it with you, they are there 24 hours a day, 365 days a year

Website - www.samaritans.org/wales

National Telephone Number - 116 123 (24 Hrs)

Phone - 0808 1640123 for Welsh Language, lines open 7am till 11pm

Childline

Childline is there to help anyone under 19 in the UK with any issue they're going through. You can talk about anything.

Our trained counsellors are here to support you.

Email - www.childline.org.uk

Phone - 0800 1111

The Good Grief Trust

All of us at The Good Grief Trust have lost someone we love.

Scroll to the bottom of the Homepage for various links to helpful websites for bereavement

Website - www.thegoodgrieftrust.org

Email - hello@thegoodgrieftrust.org

CAIS

CAIS help people who are having problems with addictions, mental health, personal development and employment

Website - www.cais.co.uk

Phone - 0345 06 121 12

For people who are in crisis

The Dyn Project Wales

The Safer Wales Dyn project provides support to Heterosexual, Gay, Bisexual and Trans men who are experiencing Domestic abuse from a partner.

Website - www.dynwales.org

Phone - 029 2022 0033

The Dyn Project Wales - Denbighshire

For Safer Wales Dyn Project links to websites that can provide support in Denbighshire

Website - www.dynwales.org/denbighshire/

Phone - 029 2022 0033

Digartref

Digartref is a not for profit registered charity and has been providing support and assistance to those affected by homelessness since 1998

Website - www.digartref.co.uk

Website useful numbers - www.digartref.co.uk/useful-numbers

Phone - 01407 761653

The Salvation Army

The Salvation Army is a worldwide evangelical Christian Church. Their mission is based on their faith in Jesus Christ who wants everyone to experience life in all its fullness.

Website for England - www.salvationarmy.org.uk

Website for Rhyl, north Wales - www.salvationarmy.org.uk/rhyl

Phone - Rhyl Salvation Army - 01745 334 313

For people who are in crisis

Citizens Advice

[Citizens Advice Leaflet](#)

Main Website - www.citizensadvice.org.uk

Website for Wales - www.citizensadvice.org.uk/wales

Phone - 0800 144 8884

Step Change

Step Change offer the widest range of debt solutions to help, no matter what you're dealing with.

Website - www.stepchange.org.uk

Phone - 0800 138 1111

Shelter Cymru

Shelter Cymru help thousands of people each year across Wales who are affected by the housing emergency by offering free, confidential and independent advice

Website - <https://sheltercymru.org.uk>

Phone - 08000 495 495 (Mon to Fri 09.30am to 12.30pm)

For people with Health Issues

NHS Wales - Betsi Cadwalader University Health Board

For a PDF File containing many useful links to help with Health issues in the Conwy and Denbighshire areas [Click Here](#)

Website - [Betsi Cadwalader University Health Board](#)

Phone – N/A

CADMHAS

An independent, confidential and free advocacy service for young people aged between 11 to 25 living in Denbighshire.

Website - <https://cadmhas.com/>

Phone - 0300 7701842

Macmillan Cancer Support

Because cancer can affect your life in so many ways, Macmillan will do whatever it takes to give people the support they need.

Website - www.macmillan.org.uk

Phone - 0800 808 0000 (8am till 8pm)

St Kentigern Hospice

St Kentigern Hospice is a local charity providing care and support for patients with a life limiting illness across North East Wales providing specialist palliative care to patients and support for families to meet their individual needs.

Website - www.stkentigernhospice.org.uk

Phone - 01745 585 221

For people with Health Issues

Dementia UK

Dementia UK nurses, known as Admiral Nurses, who we continually support and develop, provide life-changing care for families affected by all forms of dementia, including Alzheimer's

Website - www.dementiuk.org

Phone - 0800 888 6678

Age UK

In the UK, Age UK help millions of people every year, providing support, companionship and advice. Age UK are a strong voice, campaigning with and for older people to champion their rights, needs and wishes.

Website - www.ageuk.org.uk

Phone - 0300 303 44 98

Mind - Vale of Clwyd

Mind have a number of support and social groups in and around the Denbighshire area, offering a wide range of activities for those who would like to participate.

Website - www.valeofclwydmind.co.uk

Phone - 01745 336 787

Information about St Bridget's Parish Church, Dyserth

The Parish Church of St Bridget and St Cwyfan is located in the pretty village of Dyserth, Denbighshire. The village of Dyserth is situated between Rhyl and Prestatyn near the North Wales coast. We are part of the Church in Wales in the Byrn a Môr Mission Area which is part of the Diocese of St Asaph.

Worship

The ethos and worship at St Bridget's is in the Catholic tradition of the Church in Wales. Some people travel a distance to take part in our traditional type of service.

Our Focus is our Sunday Eucharist and our usual pattern of services are:

Sunday services Every Sunday at 10.00am – Sung Eucharist in St Bridget's, Dyserth

Wednesday 10.00am – Said Eucharist in St Bridget's, Dyserth.

In contrast and complementing our regular Sunday worship service the Wednesday 'Said' service provides an opportunity to have a pause during the week of our busy lives and worship in a very quiet and peaceful environment.

As well as the normal pattern of Sunday morning and Midweek services, there are additional services for baptism, marriages, confirmation, funerals and also special church services held in accordance with the Church Calendar.

Links

Our Website – [St Bridget's Website](#)

Our Facebook page - [St Bridget's Facebook Page](#)

Our YouTube Channel for online Services – [St Bridget's YouTube Channel](#)

Contacting St Bridget's Parish Church

Email – website-coordinator@stbridget-dyserth.co.uk

If you are involved with or know of an organisation or charity that you think would be beneficial to add to this list, then please email the Website Co-Ordinator at the email address above.